Women groups in Asaloko empowered to go into vegetable cultivation 2019

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Women groups in the Asaloko community in the Bongo District of the Upper East Region have been empowered by the Centre for Indigenous Knowledge and Organisational Development (CIKOD), an NGO to go into indigenous vegetable farming to help improve upon their nutritional status and economic livelihoods.

It least **50 women** who were trained showcased their cultivated vegetable farms to the over 250 community members and other stakeholders at a forum in the Asaloko community.

The beneficiaries also held a food bazaar as a way of encouraging community members to revisit farming in **indigenous vegetables** which were being abandoned.

The Deputy Executive Director of CIKOD, Mr Wilberforce Laate, stated that his organisation in partnership with Water Aid Ghana over the years, has been implementing Water, Sanitation and Hygiene (WASH) projects in some selected communities in the district.

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